

HOW SOON WILL I SEE RESULTS?

Many patients report improvement after **just one session**. Results continue to build throughout the **six-treatment series** and may continue to improve in the weeks following.

Monthly maintenance treatments may be recommended for long-term results based on your individual needs.

Did You Know?

25 MILLION+

Over 25 million adults in the U.S. experience some form of urinary incontinence

LEADING CAUSE

Weak pelvic muscles are a leading cause

KEGEL EXERCISES

Kegel exercises can help, but many people struggle to do them correctly or consistently

DOES THE WORK FOR YOU

ReStora EMS does the work for you, with thousands of guided contractions in each session



GETTING READY FOR YOUR FIRST VISIT

- + No preparation required
- + Wear comfortable clothing (no jeans)
- + Bring any relevant health history
- + Let staff know about pacemakers, implants, or metal in the body



ReStora EMS Chair

**NON-INVASIVE RELIEF
for Urinary Incontinence**



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**TRINITY
MEDICAL
SOLUTIONS**

**LEAKY BLADDER?
YOU'RE NOT ALONE.**



**INTRODUCING THE
ReStora EMS Chair**

A breakthrough, non-invasive
treatment for urinary incontinence
in both men and women.

SIT. RELAX. RESTORE CONTROL.



**TRINITY
MEDICAL
SOLUTIONS**

Tired of Planning Your Life Around Bathroom Breaks?

Urinary incontinence is a common problem that affects both women and men. It can cause leaks during everyday activities, such as exercise, coughing, sneezing, or laughing, and sudden urges to urinate before reaching the restroom.

According to the American Urological Association, one-quarter to one-third of adults in the U.S. experience this condition.

The **ReStora EMS Chair** offers a **non-invasive, pain-free solution** that uses focused electromagnetic stimulation to help rebuild the pelvic floor.

During each 30-minute session, the ReStora EMS Chair uses pulsed magnetic energy to trigger thousands of muscle contractions in the pelvic floor.



95%

of patients report significant improvement

After just six treatments, approximately **95% of patients** report significant improvement in their symptoms.



How It Works

During each 30-minute session, the ReStora EMS Chair uses **pulsed magnetic energy** to trigger thousands of muscle contractions in the pelvic floor.

This muscle engagement is similar to doing Kegel exercises, but it is stronger and more consistent, and it requires no effort on your part.

Treatment Experience

- + Remain **fully clothed**
- + No discomfort or recovery time
- + Each session lasts **just 30 minutes**
- + Non-surgical, drug-free, and discreet

RECOMMENDED TREATMENT:
6 sessions over 3 weeks (2 per week)

Who Can Benefit?

The ReStora EMS Chair is a great option for **both men and women** experiencing symptoms of incontinence.

Common risk factors include:

- + Childbirth
- + Menopause
- + Age
- + Smoking
- + Obesity
- + Diabetes
- + Prostate Issues
- + Urinary Tract Defects

It is generally safe for most adults, with exceptions for those with certain metal or electronic implants. Always consult with your provider.



WHAT TO EXPECT DURING TREATMENT

You will feel gradual tingling and muscle contractions in the pelvic region. These sensations are normal and indicate the pelvic floor muscles are actively engaging.



RECOVERY

There is **no recovery time**. Most patients return to daily activities right after treatment. Some may experience mild muscular soreness, temporary spasms, or redness, similar to post-exercise effects.